

Center School District Families! Mark your calendars and join us for a Parent Education Series: "Parenting the Love and Logic Way"



Six Thursdays, beginning January 17th through February 28th at Wilson C. Riles Middle School, 4747 PFE Rd, Roseville, CA 95747 \* (916) 787-8100 (No class on February 21<sup>st</sup> due to Parent Night)

\*\*Provided to CUSD families by sponsorship through the Sacramento County Office of Education \*\* For parents of all-age children from toddlers to teens! \*Seating is limited. Advance registration required. Click on the link below:

https://events.eventzilla.net/e/coming-soon-to-center-unified-families-start--the-new-year-right--parenting-the-love-and-logic-way-2138703920

## WHAT is LOVE and LOGIC PARENTING<sup>®</sup>?

Some of you may be familiar with "Parenting with Love & Logic" and "Love & Logic in the Classroom". Others may have seen Jim Fay's parent program on PBS, "How to Discipline Kids without Losing Their Love and Respect" which is a winner of the 25th Annual Telly Award. This coveted award honors outstanding cable television programs and commercials, plus the finest video/film productions.

Because Love & Logic philosophy goes hand in hand with TRUSD's goal of working together to promote positive self-esteem, self-motivation, and a sense of responsibility in our students, we are excited to share that this same wonderful opportunity is now available to our families throughout the district. Love & Logic parenting is not just about learning new and effective discipline techniques. It is also about enhancing relationships, improving communication skills, and supporting the development of respect, self-accountability and responsibility in our children. Love and Logic principles are effective with toddlers to teens and everyone in between. They can also positively impact relationships with adult children, co-workers, and significant others. Get ready to experience something life changing!! Love & Logic tools and strategies help parents take parenting and family life to a whole new level of interaction and enjoyment.

## **ABOUT the PRESENTER:**

Lisa Coates has worked in the field of education since 2001 and is an independent speaker and trainer providing Parenting and Teacher Education based on the resources of the Love and Logic Institute in Golden, Colorado. Lisa provides in-service teacher training in many areas, to include classroom management. With two adult boys of her own, over the years Lisa & her husband have devoted countless hours to coaching and encouraging youth and families through local community sports programs and school volunteerism.

Lisa enjoys watching the positive changes that occur over time with the teachers, students and families with whom she works. Lisa has designed custom parent and teacher training programs to encourage a greater understanding of the Love and Logic classroom and how to extend the same Love and Logic experience into the home. During these events, she provides parents with an easy to understand overview of Love and Logic philosophies and tools to start experimenting with right away.

## **INTERESTED IN LEARNING MORE?**

If this parenting program sounds interesting to you, then it's time to register! The "Parenting the Love and Logic Way" series is a six week course designed to provide practical parenting techniques that can positively impact your relationships with your children, and take control of the home in loving ways. During the series, participants will discuss and practice tools and techniques which are easy to master and effective for children of all ages: From toddlers to adulthood, while having fun along the way!

The ultimate goal of Love and Logic parenting is to prepare our children for the Real World. If you want to raise children who are self-confident, self-reliant, responsible, and ready for the journey ahead, join us for this amazing workshop series to learn and practice win-win approaches to parenting. Your children will win because they'll learn responsibility and the logic of life by solving their own problems. And you'll win because you'll establish healthy control and put the fun back into parenting!!!

Teachers, coaches and others who work with children are also encouraged to attend. These strategies are easily adaptable to the classroom or other child-centered facility!